



600 (Regina) Wing Royal Canadian Air Force Association  
PO Box 952, Regina, SK, S4P 3B2

# the AEROGRAM

Volume 36

Jan 2025

Number 1

## Members of 600 Wing

It has been very quiet for me since the Snowbird dinner. I spent a subdued Christmas and New Years. Trying to get into the swing of things for 2025 now. At our last Executive meeting we set the time, date and location for the AGM. Please plan to attend. See the announcement elsewhere in the AeroGRAM. We also gave donations to the four local Air Cadet Squadrons of \$100 each. We don't do much fundraising these days, so have to keep our expenses low. The Wing is in pretty good financial shape (if we watch our spending). I sent condolences on behalf of the Wing to Jason Graveline from Winnipeg on the passing of his eldest son- Carter. some of you may know Jason.

Obit link- <https://alternacremation.ca/tribute/details/1177/Carter-Graveline/obituary.html>

Sherry Burgess  
Chair  
600 (City of Regina) Wing  
Royal Canadian Air Force Association

## Kit Shop Order

Jean Thomas would like anyone wishing to purchase any kit shop items from National. She will place the orders for any members that want items. Some items are on sale and the kit shop may be reducing its inventory greatly over the next few months.

[kitshop@airforce.ca](mailto:kitshop@airforce.ca) or <https://rcafassociation.ca/kitshop-close-out-sale>

## Calling all Members- AGM to be held

Members of 600 (City of Regina) Wing of the Royal Canadian Air Force Association:  
Please be advised the Annual General Meeting of the Wing will take place at the Serbian Club on Avonurst Drive  
Wednesday, 23 Apr 25 5:30 p.m.  
There may be long service pins awarded at that time.

## Social Director Update

Happy New Year ladies and gentlemen, welcome to 2025. Take a moment, if you haven't already, to reflect on how many things have changed in your lifetime (some good - some not so good). Generally just reflect and remember the good times you've experienced and lived through.

Our December Christmas Social was attended by 18 members, partners, friends and guests. We enjoyed a turkey buffet meal, and I don't think anyone left hungry. There were assorted sweets to enjoy, regrettably I forgot tea/coffee for post supper. But regardless we enjoyed good food and company.

Wil Chabun supplied an aviation street trivia, which was both difficult and enlightening. Thank you Wil. I supplied a Christmas trivia that had a bit of a challenge. But, it's good to exercise our brains periodically.

Santa left gifts under the tree and hopes that everyone received a useful something or took the opportunity to regift it later. Overall, a nice evening with games, food, music and friendship.

**Our January Social Supper is Wednesday the 22nd at 6:00 pm.** Ken Kostyniuk will be presenting a video titled Hidden in Plain Sight after our meal.

Mark your calendars for the following Social Suppers at the Serb Club:

22 January 6:00 pm

26 February 6:00 pm

26 March 6:00 pm

All suppers are order off the menu. Feel free to invite a friend to join us. If possible please RSVP to [gilzeanh@hotmail.ca](mailto:gilzeanh@hotmail.ca) at least 2 days prior so the correct seating can be arranged. Thank you

Linda & Brian

# Veterans' Well-being Community Health Needs Assessment

Hello,

In 2023, Veterans Affairs Canada launched its Veterans' Well-being Community Health Needs Assessment (CHNA). Over the course of the past year, more than 900 Canadian Veterans participated in this important study.

We are pleased share that the study is complete and you can find the full report, a summary, and a new Veteran Resource Directory here: [Veterans' health and well-being assessment | Veterans Affairs Canada](#).

The study used a variety of research methods to answer the question: "What are the health and well-being strengths and needs of Canadian Veterans?" The findings cover 18 key indicators, and 21 themes related to Veterans' health, along with an overview of their sociodemographic profiles.

What makes this study special? It focuses on Veterans and can be used by community, provincial, and federal stakeholders. Everyone can play a part in using this information to support Veterans, and we'd greatly appreciate it if you could share this with your network.

Sincerely,

## Community Engagement Team

Veterans Affairs Canada

[engagement@veterans.gc.ca](mailto:engagement@veterans.gc.ca)

## CHNA Team

Veterans Affairs Canada

[chna-ebsc@veterans.gc.ca](mailto:chna-ebsc@veterans.gc.ca)

If you would like to receive updates about our public consultations and Veterans Affairs Canada's Salute! e-newsletter, [please subscribe here](#).

## Executive Contact List

**Sherry Burgess** Home: 639-914-7006 Email: [b.sherry@sasktel.net](mailto:b.sherry@sasktel.net)

**Gary Williams** Home: 306-543-8123 Cell: 306.537.9430 Email - [g.m.williams@sasktel.net](mailto:g.m.williams@sasktel.net)

**Herb Harrison** Home: 306-569-0481 Cell: 306.581.7879 mail: [hharrison@accesscomm.ca](mailto:hharrison@accesscomm.ca)

**Jean Thomas** 306-545-1360

**John Law** Home: 306-585-0302 Email: [kdlaw@sasktel.net](mailto:kdlaw@sasktel.net)

**Bill Peake** Home: 306-789-4455 Cell: 306-351-4460 Email: [peake@accesscomm.ca](mailto:peake@accesscomm.ca)

**Dorothy Rhead** 306-352-5963

**Linda Gilzean** 604-226-8714 or email [GILZEANH@HOTMAIL.CA](mailto:GILZEANH@HOTMAIL.CA)

**Kathy Martin** [aerogram600@hotmail.ca](mailto:aerogram600@hotmail.ca)